



Endurance Quest Newsletter 1 - AR European Series

Back in 2002, Endurance Quest was born with a mission to challenge the world's best endurance athletes in a race across the Finnish archipelago. That mission still exists. Endurance Quest 2023 will offer unique challenges in the Espoo archipelago, Nuuksio National Park, Espoo Central Park & many other exciting locations.

Race HQ & Accommodation

Race HQ will be in Haltia Finnish Nature Center, Nuuksiontie 84, 02820 Espoo. Opening ceremony, race briefing, post-Race Dinner, and finish line will be in Haltia. There are a few recommended options for accommodation; both will be less than 500 meters from the race headquarters. Camping in Solvalla & Haltia is forbidden.

Option 1. Haltia Lake Lounge, Price per night for two people is 179€. Price included Sauna + breakfast
Booking: <https://haltialakelodge.com/en-US/>. Promocode for special prize with code: ENDURANCE

Option 2. Solvalla Sport Center.

Booking via Forms, accommodation is paid in hotel check-in. Price includes breakfast.

Booking via forms: <https://form.jotform.com/230643249302348>

Pictures & more details about accommodation options: <https://www.folkhalsan.fi/en/kop-och-hyr/boende/overnattning/accomodation-solvalla/>

Pick up/ drop off - International teams only

Please let us know when you arrive at the Helsinki-Vantaa airport or Helsinki Harbor by email (lauri@multisport.fi) So we can plan your pick up and transportation to Race HQ. We would like to get into the process of flight times as soon as possible so that we can offer appropriate solutions.

Note: If you have any doubts or questions regarding a flight to book or your journey in general, please contact us directly at lauri@multisport.fi and we will assist you.



NOSHT





Course & Logistics

The course consists of several stages, which include mountain biking, trekking, kayaking, canoeing, and rope activities. Details of the course will be published two weeks before the race. Kayaking will be carried out with duo kayaks. You can use your own paddles and life vests for kayaking; however, everything has to fit inside the kayak bag you bring for the race. We highly recommend using the ARWS paddle bag (details below). For the canoe stage/s all equipment is provided and it is not possible to use your own equipment.

If you need paddles and/or PFDs (life vests) for the sea kayaking stage please book them via forms: <https://forms.gle/WUepRuLJCBd3so9v9>

ARWS Paddle bags are now available and can be purchased at a discount for anyone registered for any ARWS event. Simply send your registration confirmation email to paddlebag@adventureenablers.com and you will receive a 20% discount off your paddle bag order. Domestic and international shipping rates apply.

<https://adventureenablers.square.site/product/paddlebag/47?fbclid=IwAR1Jg-KERxm2rcUrtQACq6HVGJvF6h-iTHgT9lqPelo7jISZSjJKDvo55Dc>

Additionally, you will receive two TA (Transition Area) Boxes of size 60x40x30cm, with a packaging weight limit of 25kg/box. Location of these boxes will be published in the race scheme, a few weeks before the race.

Mandatory Equipments (minor changes are possible)

You can find mandatory equipment list on the email and race website. NOTE: Detailed mandatory equipment list will be published in two weeks before the race





Preliminary Race Schedule (minor changes are possible)

THURSDAY 10.8.2023

- Team transfers from the airport

FRIDAY 11.8.2023

- 16.00 - 20.00 Pick up team material + team photos + sponsor booths open (AR Europe Series & Endurance Quest Short)
- 18.00 Opening ceremony & Race briefing (AR Europe Series & Endurance Quest Short)

SATURDAY 12.8.2023

- 8:00 Map handout & Packed TA boxes hand in (AR Europe Series & Endurance Quest Short)
- 10:00 Race Start (AR Europe Series & Endurance Quest Short)
- 17:00 Winning team finish (Endurance Quest Short)
- 17:00 - 21:00 Showers open & post-race dinner (Endurance Quest Short)
- 20:00 Last team finish + prize giving ceremony (Endurance Quest Short)

SUNDAY 13.8.2023

- 8:00 Winning team finish (AR Europe Series)
- 9:00 - 14:00 Sauna + Showers (AR Europe Series)
- 12:00 - 15:00 Post-race dinner
- 14:00 The course closes (AR Europe Series)
- 14:00 Prize giving
- Team transfers to the airport

MONDAY 14.8.2023

- Team transfers to the airport

Rules of the competition

When registering, you have already taken note of and agreed to the rules of competition. We will use standard ARWS-rules:

<https://seureservercdn.net/198.71.233.44/405.520.myftpupload.com/wp-content/uploads/2021/08/ARWS-Rules-of-Competition-1.6.1.pdf>



NOSHT

